**Rolling with Struggle**

We all struggle. The only difference between people is how they deal with that struggle. Answer the questions below in order to really hear the part of you that is struggling. Write your answer in the right hand column.

1. What class are you struggling in?

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1. Share how you struggle the most with this class. EX. Homework? Classwork? Keep on top of the work? Organization?
2. If you could give that part of you that struggles a voice, what would they say? Be honest.
3. Is there a part of you that sees you struggling and could step in and help? Which part is that?

1. What could that part of you do to help the struggling part?

6) Who else could help you with the struggling part? What could they do?

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