**ENVISION INTRODUCTION TO DANCE (LEVEL I) SYLLABUS**

This course is designed to give the student an overview of the world of dance. The fundamentals of body alignment, ballet, jazz, and modern will be covered. Students may repeat this class for PE credit. If PE credit is completed the student may receive graduation required VPA credit.

**ATTENDANCE** Students are responsible for making up any work missed due to an excused absence. Please keep up with your grade in Aeries. If you have an unexcused absence, you cannot make up the work, even if it is an assessment or a test. Attendance and participation are the biggest portion of your grade. To recoop points lost from excused abscences, each excused absence can be replaced by a YouTube Critique paper, instructions can be found on my website linked on the CCA Staff page

**MEDICAL EXCUSES** A physician’s note is to be shared with me at the onset of medical problem lasting longer than three class sessions. You and I will come up with a dance plan that meets the guidelines of the physician’s orders, that will likely include observation notes and other written work. Parently input is greatly appreciated. If the injury/illness extends past 12 class sessions during the quarter and no modifications can be made, the student is advised to drop the class and take it again at a later time.

**TARDIES** You need to be on time, ready to dance, every day. You must be in the gym by the tardy bell and in the studio by 5 minutes after.

CCA’s Tardy Policy is the following:

1st: Verbal Warning

2nd: Parent Contact

3rd: 4-Hour Saturday School

4th: Referral to Assistant Principal

**SUPPLIES** Please bring a notebook of some sort. This will be your dance journal, a place to reflect, take notes and place handouts. This is due by the second class. It is worth 10 points! Keep a pair sox, sweat shirt or jacket, and reusable waterbottle in your locker.

**APPROPRIATE ATTIRE** All attire for both boys and girls must be ALL BLACK and dance-appropriate and form-fitting. Both boys and girls must wear appropriate undergarments. All black dancewear is due the first Monday of class. Dancers are expected to wear form-fitting attire for multiple reasons. First, it allows you to move freely. Secondly, it allows both you and your instructor to see your body clearly, greatly reducing risk of injury. Please purchase the appropriate undergarments (sports bras or dance belts. Please do not wear regular bras under tops.)

**GIRLS**

Tights, Leotards, Dance Pants

Tank Tops (full length), Fitted T-shirts

**BOYS**

T-shirt (normal fit, not baggy), Sweat Pants or Men’s Tights/Bikers

**EXAMPLES OF UNACCEPTABLE ATTIRE**: Jeans, **BOOTY** SHORTS, Skirts, Sports Bras (by themselves), regular bras underneath shirts.

**FOLLOWING BASIC DANCE ETTIQUETTE** during class is important. Dance etiquette includes: being on time, no gum-chewing, being quiet during the warm-up or instruction, standing (not sitting) during class, having hair pulled back and off face, and applauding at the end of each class to thank both your teacher and classmates. There are many rules in a dance classroom that we will cover, but these are the fundamentals.

**PARTICIPATION & EXPECTATIONS**

You have five minutes from the time the tardy bell rings to be in class, ready for roll. You receive 5 participation points per day for dressing out and giving this class 110%. The point system is all or nothing. You will receive your 5 points for the day as long as you follow the expectations outlined in this syllabus. Some common reasons for losing points include: excessive talking, not following instructions due to defiance, not participating, not wearing appropriate attire, and chewing gum. If you lose points, the reason will be documented in Aeries.

**LOCKS & LOCKERS**

Each dancer will be issued a lock and a locker. The locker room is locked during class, so please bring supplies you may need with you to the dance studio. LEAVE ALL ELECTRONICS: PHONES, TABLETS, LAPTOPS locked in your locker. They will be confiscated if found in the studio and you can retreive them from the APs office at the end of the day. If you lose your lock, it’s $10 to purchase a replacement lock. Also, please do not keep food in your locker due to ants. Locks will be issued the 2nd day of class.

**THE ALL ENVSION DANCE SHOW**

Students in all classes are expected to perform. If you are unable to participate in this show for any reason, let your teacher know as early as possible, within the first few weeks of the semester at the very lastest. Each class begins working on choreography for the show four months prior to the performance and we spend a substantial amount of class time on this piece. If you are unable to attend, the alternate assignment is an 8-10 page research paper, in MLA format, on a topic that you and your teacher will discuss and agree upon.

**PERFORMANCE ATTENDANCE**

Attending performances is an integral part of growing as a performing artist. Students should see upcoming CCA and Envision Dance Conservatory performances and are also encouraged to see performing arts outside of CCA. All performance dates can be found on the CCA website under Envision. Tickets can also be purchased online. Student should plan to attend Snow White in December and participating in the all Envision Dance show in January. Ushers are always needed for performances, and you can see a show for free by volunteering! Tickets can be provided to you, simply email or talk to your teacher about reserving a ticket.

Grade Breakdown: Participation 50%,

Health 30%

Assessments/Written Work 20%

Grading Standards

Grade of A is given for superlative work that demonstrates a profound commitment to the course material. The student employs the material as a springboard for independent thought and work.

Grade of B is given for very good work that fulfills all the requirements of the course in a conscientious and dedicated manner.

Grade of C is given for work that fulfills all the requirements of the course in a satisfactory manner, but falls short of demonstrating rigor and mastery

Grade of D is given for work that is unsatisfactory.

Grade of F is given for work that fails to fulfill the requirements of the course as listed above

**DUE DATES\***

**Some due dates may be subject to change**

Signed Syllabus 2/2/2017

Journal, Uniform Check 2/6/2017

T!NK 2/9, 10, 11/2017

1st Assessment Week of 03/03/2017

Mid-Term Week of 04/06/2017

2nd Assessment Week of 04/28/2017

Finals April 6, 7, 2017

**PRINCE\*** (All-Envision Dance Show) 5/15- 5/19

\*All students will be performing in this show.

Finals June 15, 16 2017

***PRINCE***

**Envision Dance’s Spring Show**

***PRINCE*  Tech Rehearsals AFTER SCHOOL 3:15 to 6:00 Proscenium Theater MONDAY 5/15, TUESDAY 5/16 & WEDNESDAY 5/17**

***PRINCE* PERFORMANCES THURSDAY 5/18 4 & 7 and FRIDAY 5/19 at 4 & 7** Tickets can be purchased online by following this link:

 [**http://www.cca-envision.org/events.html**](http://www.cca-envision.org/events.html)

Alternate Assignment: If you are unable to perform in L-O-V-E, you must let your teacher know within the first month of the semester. Your alternate assignment is an 8-10 page paper, typed in MLA format. The research paper is on a dance topic of your choice. Some examples of acceptable topics:

1. The history of a genre of dance

2. The history of a main dance company (Joffrey Ballet, Martha Graham, Fosse, Alvin Ailey, Hubbard Street, Mark Morris, etc)

3. Dance and the Body

4. Dance and Connection to Life (discipline, another sport or art form, intellect, etc.)

\*Fitness Testing will be done in the month of May and includes running, situps, pushups and shoulder flexibility. Please consult the class calendar on my website for a specific date.

**ONLINE HEALTH CLASS**

Online Health is a part of Year One PE and will be taken for 30% of your grade. Login information will be discussed in class. Please keep this information in a safe place. The units and topics covered in this class are as follows:

\*\*Personal health, nutrition, & fitness

\*\*Preventing disease and injury

\*\*Growth, Development, and Sexuality

\*\*Substance abuse

\*\*Mental Health and Community Health Issues

**OTHER IMPORTANT INFORMATION**

\*\*Students must earn a passing grade in the Health portion of Y1PE.

\*\*Students are responsible for completing each unit online and will have a specific

 amount of time to complete each unit.

\*\*At the end of each unit, the class will take proctored online exams together in the

 media center. Students will be allowed two opportunities to pass each unit test.

The time frame for testing dates is outlined below. Please mark your calendar accordingly and be sure to be present on testing days.

Unit D Testing: March 6

Unit E Testing: March 27

Unit C Testing: April 6

Unit B Testing: May 15

Unit A Testing: June 12

Please consult the class calendar for a schedule of weekly assignments. Roughly, there is one “section” due per week on Sunday. If there is a test that week the unit is due on the Friday you take the test. I will run a report to check for completion Monday mornings. ~PRINT THE FOLLOWING PAGES (4-7) & BRING TO CLASS TOMORROW~





**ENVISION DANCE: INTRO SIGNATURE SHEET**

\*\*Please return this sheet ONLY to your teacher by WEDNESDAY AUGUST 27, 2014.

It is worth 10 points\*\*

Please keep the rest of the syllabus handy so that you can reference it for dates.

PLEASE KEEP THE SYLLABUS IN YOUR JOUNRAL OR ANOTHER CONVENIENT PLACE FOR QUICK REFERENCE. RETURN ONLY THIS SHEET TO YOUR INSTRUCTOR THE SECOND DAY OF CLASS TO DECLARE THAT YOU HAVE RECEIVED AND READ THE CLASS SYLLABUS.

\*\***ALSO, BY SIGNING THIS SYLLABUS YOU AGREE TO ALLOW YOUR STUDENT TO BE VIDEO TAPED/PHOTGRAPHED AND THAT THE RESULTING PRODUCT WILL BE USED FOR EDUCATIONAL PURPOSES.**

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Print Name

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Please check the class calendar for dates and details regarding class! <http://teachers.sduhsd.net/tyates>

Student Signature

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Parent/Guardian Print Name

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Parent/Guardian Signature